

IOWA
HEALTH CARE

ALL PROCEEDS WILL BE
DONATED TO THE
ILTS VANGUARD RESEARCH GRANT



INTERNATIONAL LIVER
TRANSPLANTATION SOCIETY

INAUGURAL RUN FOR YOUR LIVER, RUN FOR YOUR LIFE, 5K

NOT A SANCTIONED RACE

Hosted by the Division of Gastroenterology & Hepatology
Sunday, September 21, 2025 at 9am
Centennial Park, North Liberty, IA
Registration: \$25 per person, \$40 per family

MASLD (Metabolic dysfunction-Associated Steatotic Liver Disease) is on the rise
affecting 1 in 3 Americans, including kids.

Join us to raise awareness and celebrate healthy living with fun, family-friendly activities,
nutrition tips, exercise demos, and local food trucks.

This isn't just a race—it's a step toward a healthier future. One liver at a time.
And if you can't come, you can still donate to support the cause.

REGISTER NOW:

